Aloha mai kākou

How awesome to hear, see and feel the positive energy pulsing through our campus! Kanu o ka ʻĀina is back in full swing ready for a year of learning, growth and excellence. Welcome back to all returning haumāna, ʻohana and staff. A sincere aloha and welcome to students, ʻohana and staff who are new and joining our KANU learning ʻohana.

Kumu and staff had a wonderful week of learning, collaborating and planning together before keiki and ʻōpiʻo arrived. Moʻolelo of the beginnings of Kanu o ka ʻĀina at Hālau Kukui brought back some great memories for founding staff and helped us all to ground ourselves to the vision, mission, values and guiding principles of Kanu o ka ʻĀina. Hands-on activities in teams with inspiring community organizations such as Nā Kālai Waʻa and Hoʻoulu ʻĀina modeled exactly what we want learning to look like and feel like for our haumāna. Kumu and staff were engaged and had fun learning together through meaningful and purposeful tasks. Sharing manaʻo, reflecting upon and learning more about ‘Ai pono, the chosen school wide theme-focus and kuleana was deeply enlightening. Connections were made. Relationships were strengthened. Many staff have expressed that the week’s activities made them feel rejuvenated, energized and inspired.

The new school year brings quite a bit of change. We’d like to say mahalo nui to Kumu Dani Whitney, Becky Adams, Mālie Goodhue, Judy Chun, Kealiʻi Bertelmann, Kealiʻi Roldan, and Kaʻohi Kahaunaele-Conrades for their service, hardwork and aloha at Kanu o ka ʻĀina. We bid them a fond a hui hou and wish them the best of luck in their new endeavors. Joining our learning ʻohana this school year is Kumu Stephanie David, Chaz Zackar, Shelly Stimac, Kanani Malakaua, Pōlani Kahakalau, Brian Hart, and Nicole Ryan. We welcome all of them on-board and are excited about the gifts and strenghts that they bring. Mālamapokiʻi welcome two new staff members, kumu Anna Peach and Meleana Adams. And last but not least, we mahalo Kumu Kehau AhQuin, Heather Sarsone, Kahealani Wilcox and Kai Tolentino who will continue to serve our haumāna through other kuleana in another position.

Me ke kākoʻo mau,

Allyson Tamura, Poʻo Kula - Elementary Program

ʻŌlelo Noʻeau
Kūlia i ka nuʻu
Strive to reach your highest.

This is Kanu’s mission, to kūlia i ka nuʻu, or strive for the highest. A philosophy of excellence guides KANU as we collectively design, implement and continuously evaluate a quality, culturally-driven, intergenerational Hawaiian model of EA ~ Education with Aloha. At KANU, we expect all learning ʻohana members to kūlia i ka nuʻu ~ to always strive to reach his or her personal best.
Kawaihae Canoe Club  Since 1972, Kawaihae Canoe Club has been dedicated to promoting and perpetuating the ancient Hawaiian sport of outrigger canoe racing. Those responsible for the club’s beginning were former police captain, Charles Rose; police officer, Mike Hanano; probation officer, Robert Lindsey; Mrs. Elaine Flores; Mrs. Mabel Tolentino; and respected club coach and former fire captain, Manny Veincent. Currently, there are a hand full of ʻohana and community members that volunteer their time shuttling KANU students from school to practice several months out of the year and are consistent in assisting and organizing keiki during & after practice. Manny was once quoted as saying “I am pleased when a teenager gets interested in this sport and joins the club. It’s important for the kids to have something to work for, to have a challenge, a sense of direction and to develop discipline. They are part of a unit, an important part, with other parts depending on them. It helps build character, bodies and friendship.”

Photo: Coach Manny Veincent with Boys 14 Paddlers after their win at the HCRA 2017 State Championship in Lahaina, Maui.

National Finals Rodeo – Waimea is known for strong generations of Paniolo and heritage of the the Hawaiian cowboy and ranching industry. This summer KANU student and Jr. wrangler, Laʻi Bertelmann represented the Big Island of Hawaii at the National Finals Rodeo in Lebanon, Tennessee. Congratulations to Laʻi and her ʻohana in honoring the Paniolo traditions and lifestyle.

Second Annual Nalu Kai Start-up Camp. This summer, KANU student Pualilia Duduoit attended the 10 day Nalu Kai start-up camp held at HPA campus. About 25 High school students were selected statewide to participate in the camp. They worked on how to start a business, pitch a product for market, and used top of the line software of the feild. Congratulations to Pua for being selected and taking advantage of this great learning opportunity.

Mahalo Lunch
Each year KANU relays on support from our ʻohana and communities. In July, KANU hosted a Mahalo lunch to show appreciation for our ʻohana and community volunteers. We know not all of our volunleers could attend, however, we would like to say a mahalo to all who have supported KANU’s mission and vision. Your generosity is invaluable to KANU’s success in Education with Aloha!
In preparation for the school year, kumu and staff of Kanu o ka ʻĀina participated in meaningful community-driven learning with various community organizations connecting to ʻĀina, waʻa and role as kanaka. The influential activities of working together, studying moʻolelo, and learning with deeper understanding, has energized all to holomua with a collective school wide kuleana of strategic priorities, academic performance measures, and ʻai pono.

ʻAi pono as food sovereignty; a healthy connection to ʻĀina and all that sustains life; and our collective well-being. The knowledge gained from Malama Honua is invaluable to the next stages of invigorating our school gardens, connecting with our community resources, ranches and farms, and working towards a healthier and thriving lahui through ʻAi Pono.

All ʻohana are encouraged to kūlia i ka nuʻu as lifelong learners, growing the deeper meanings of ʻAi Pono throughout school and home for future generations.
**BIRTHDAYS**

8/1 Bonnici, Sage
8/1 Roys, Sage
8/1 Stone, Kyra
8/2 Hoyman, Paige
8/3 Kehau Tachera
8/5 Kawamoto, Kaulike
8/5 Brewer Jr., Jay
8/5 Kauka, Ava
8/5 Okabo, Auliilani
8/10 Chip, Beau
8/11 Sarsona, Kapono
8/11 Kamaile-Isabel, Ma‘ile
8/11 Malouf, Olivia
8/12 Deedee Bertelmann
8/12 Brown, Daisy
8/12 Akina, Lariah
8/14 Allyssa Sturla
8/17 Leitner, Beaujolais
8/18 Yoshizumi, Nadia
8/18 Tatom, Kule‘a
8/18 Clark, Hali‘a
8/18 Brewer, Lily
8/18 Mikolyski, Lucas
8/19 Holt, Sariah
8/19 Keohaluoa, Haumea
8/19 Cridlebaugh, Colin
8/20 Ke, Kealani
8/21 Ketttner, Athena
8/21 Takushi, Waika
8/22 Sulla, Clara
8/22 Nakua, Kaydn
8/22 Cook, Lai‘i
8/22 Sarsona, Lehua
8/23 Simmons, Eysssa
8/23 Sanchez, Leahi
8/24 Tufhua, Lillie
8/24 Pires, Dylan
8/25 Tachera, Ku‘unahenani
8/26 Dorrance, Orion
8/26 Landi, Lily
8/28 Flegel, Ella
8/29 McGurn, Hauoli
8/31 Jones, Levi
8/31 Maielua, Kumano

**MIDDLE & HIGH ORIENTATION**

**AUG. 17, 2017 4:00 – 6:00 pm**

**NO SCHOOL STATEHOOD DAY**

**AUGUST 18, 2017**

**NO SCHOOL MONDAY**

**SEPTEMBER 5, 2017**

---

**KANU**

**PU‘UKOHOLĀ: 45TH ANNUAL HO‘OKU‘IKAHI HAWAIIAN CULTURAL FESTIVAL,** August 12 - 13, 2017 At Pu‘ukoholā Heiau National Historic Site. Opportunity for all to immerse in Hawaiian culture, language and traditions. Each year KANU students help prepare for and participate in the festival and ceremonies. All students and ‘ohana are encouraged to participate. Ho‘okupu Ceremony Aug. 12 at 6:00 am, Festivities 9:30 am – 3:00 pm. Cultural activities include; music, wa’a rides, Hawaiian food tasting, cultural demonstrations and more.

**KANU SCHOOL HOURS:**

Middle School and High School Monday – Thursday 7:55am Piko begins - 3:05pm

Elementary Monday – Thursday 7:55am Piko – 2:30pm – 3:05pm

Aloha Fridays: 7:55am – 12:00pm (no lunch)

Drop off and Pick up: Drive slowly and with care! One-way traffic pattern map attached. When dropping off and picking up keiki at the round-about, please be sure to pull up all the way to the front. If your child needs extra time getting in and out of the car please be sure to park.

**AFTER SCHOOL CARE:** Monday – Thursday from 2:45-5:30 pm & Friday from 12:00 – 5:30 pm. Kindergarten – 5th grade. Monthly cost $100 and Daily Drop-In rate $14 per day. **All students that are not picked up by 3:05 will automatically be enrolled in the afterschool program and will need to be picked up on campus at the new multipurpose building (gym). For an application or more information contact Stasia Nauka at 808-890-2500.

**BREAKFAST & LUNCH:** There will be no breakfast service this year. Please feed keiki before drop off, or send them with breakfast and have them eat prior to piko. Pre-pay your child’s lunch account at our KANU office.

**KOKUA I NA KULA:** Beginning August 9 and ending on September 19th, help KANU earn a share of $100,000!!! Remember to look for participating Kokuia na kula products marked with the light bulb logo when you shop at KTA to earn points for the school. KANU’s corresponding number is #60.

**COFFEE HOUR – WEDNESDAY, AUGUST 30, 2017 on campus 8:30 am -** Join Po’o Kula Allyson Tamura and Mahina Paishon-Duarte for about an hour, immediately following morning piko. Coffee and light refreshments will be served. Parents / ‘Ohana members are encouraged to attend this beneficial short talk story time with Q&A.

---

**COMMUNITY**

**HCRA STATE CHAMPIONSHIP - Kawaihae Canoe Club** attended the state races on Saturday, August 5, 2017 at Hanakao‘o Beach Park, Lahaina Maui. The Kawaihae Canoe Club qualified to take 5 youth crew to compete; Boys 15, Boys 14, mixed boys and girls 12, boys 12, girls 12. The boys 14 crew including KANU students Kuha‘o Kane, Micah Mahiai, Joshua McPeek, Kawaihiwa Rios-Griego, Laif Showalter, and Jaydon Tripp, won 1st place, gold medal in event 11 with a time of 1:46.21. Congratulations to all paddlers and coaches.

**PROJECT LAULIMA: FREE WORKSHOP** for families and providers caring for children with emotional challenges or special needs. Saturday, August 12, 2017 8:00am continental breakfast & registration 9:00am – 2:30 pm at Kanu o ka ‘Āina. Team up for Families - Family Road Map. Questions? Contact Susan Wood 808-756-0179 or susan@hilopaa.org

**QI GONG –** Master Bu Xiaojing and Dr. Zhang Fushun will be offering a number of workshops in the Waimea community. August 12 & 13 enhancing workshop and 19 & 20 healing workshop at Kanu o ka ‘Āina multipurpose building. Scholarships to attend the weekend workshops available to interested KANU ‘Ohana. For more information, contact Steve: 808-987-9192

**KAHILU THEATER EXHIBITS PRESENTS: HINALUA‘IKOʻA - BERNICE AKAMINE**- A solo exhibition by the nationally recognized artist. From August 3 – September 8, 2017 work on display includes a new series of sculptures entitled Hinalua‘ikoʻa and her traveling installation Kalo. Please feel free to bring keiki to see this marvelous exhibit. For more information, contact Sally Lundberg at gallery@kahilutheatre.org.

**PRINCE DANCE INSTITUTE** – Ballet, jazz, hip hop, break dancing, tap, and more at Kahilu Theater and Honoka’a Hongwanji- Enrollment begins 8/11, scholarships available. Fall classes begin September 6 – December 14. For more info: www.princedanceinstitute.com or 808-217-3008
PU’UKOHOLA HEIAU
NATIONAL HISTORIC SITE

HO’OKU’IKahi Establishment Day

45th ANNUAL FREE HAWAIIAN CULTURAL FESTIVAL

8/12-13 2017
SATURDAY - SUNDAY

HO’OKUPU CEREMONY
AUG 12, 6:00 AM

FESTIVITIES
9:30 AM - 3:00 PM

Cultural Activities
Music • Canoe Rides • Hawaiian Food Tasting • Ho’okupu Ceremony • Cultural Demonstrations and More!

Pili Ma Ka Hanauna
RELATED THROUGH COMMON ANCESTOR

SPONSORED BY HAWAII PACIFIC PARKS ASSOCIATION, NATIONAL PARK SERVICE, NA PAPA KANAKA, O PU’UKOHOLA HEIAU, NA AIKANE O PU’UKOHOLA HEIAU
BIDDY BASKETBALL

Season is Here!
Sign-up Info Below

Aloha KANU ‘Ohana,

Waimea Parks & Recreation’s Biddy Basketball League for Boys & Girls ages 5-6 years old and 7-8 years old, will run from September 12 to October 12, 2017. Games will be played on Tuesday and Thursday @ 4:30 & 5:15pm in Waimea and Honokaa.

KANU is planning to have a 5-6 team and a 7-8 team. If your keiki is interested in playing Biddy Basketball for KANU, please complete the attached registration form and return to your child’s teacher by Monday, August 14, 2017. We will need at least 8 registered players in each division to enter the league.

Cost for numbered Jersey T-shirt is $12.00. Do not send money with registration form. We will collect $ at a later date.

Age/Division requirement: Please register your child in the appropriate age group based on their age at December 31, 2017.

A Free Biddy Basketball Clinic @ the new Waimea Community Park Gymnasium will be held on August 15, 16 & 17 (Tuesday thru Thursday) from 4 to 5:30pm.

NOTE: Any parent interested in helping to coach a team may contact Aunty Val Hanohano @ 808-430-3472.

Me kealoha pumehana...

Val Hanohano
Earn Extra Points!
Students can earn points by helping the following nonprofit organizations:

**The Food Basket:**
Each can of food donated equals one Kokua i Na Kula point.

**Recycle Hawaii:**
Each acceptable snack bag, granola bar wrapper and juice pouch will earn the school one (1) Kokua i Na Kula point.

Print the following information on a separate piece of paper:
- First and Last Name
- Name of School
- Grade
- Kokua i Na Kula School No.
- Date
- Contribution

Submit the paper with your information to either the The Food Basket or Recycle Hawaii upon donation. If donating as a class or school, please have all papers ready on the day of pick-up or delivery depending on the type of donation.

Don't forget to tell your parents to shop at KTA Super Stores to earn POINTS for your SCHOOL!
FREE WORKSHOP
for Families and Providers
Caring for Children with
Emotional Challenges or Special Needs

Presenting the:
TEAM UP for FAMILIES
Family Road Map

For: All parents or caregivers who make decisions about health and education services for their children and service providers. We will help you:

- Determine the strengths & needs of your child & family
- Build a strong support systems & effective collaborations
- Empower one another to share the “Big Picture”
- Use the “Guiding Stars” to fully participate in and benefit from services.
- Learn about the Keys to Navigating your System of Care
- Receive your free Workbook and Step by Step Guide to navigating Health, Education and Insurance Services for Families with Special Needs.

Saturday, August 12, 2017
8:00 am continental breakfast & registration
9:00 am Program Starts
2:30 pm closing

At: Kanu o ka 'Āina Learning Ohana
64-1043 Hiiaka St, Waimea, HI 96743

Continental Breakfast & Lunch Included (mahalo CCC)
Register online at goo.gl/ZFWFtM

Questions? Contact Susan Wood (808) 756-0179 or susan@hilopaa.org
Zhineng Qigong
Workshops and Healing
Dr Zhang Fushun and Bu Xiaojing
August 10 to August 20, 2017

We are fortunate to have Zhineng Qigong teachers and healers visiting West Hawaii from August 10th through August 21st. They will be conducting workshops in Qigong and Tai Chi, and will offer individual and group healings.

Dr. Zhang Fushun is a Doctor of Traditional Chinese Medicine. His work includes clinical practice, teaching and research for curing spinal diseases, spinal related internal medicine diseases, hypertension related diseases and insomnia. He is the Director of the Outpatient Department of Orthopaedics and Massage in Tianjin, is with the Academy of Traditional Chinese Medicine Affiliated Hospital, is the Education Director of Patients in Tianjin Heping District University for Senior Citizens, and the Executive Director of the China Association of Medical Qigong.

Bu Xiaojing is a Zhineng Qigong and Tai Qi teacher and practitioner. She is dedicated to the practice of Zhineng Qigong and has had the experience of healing herself from serious disease. Formerly a high school English teacher, she teaches Taiji to students and teachers. Bu has been coming to The Big Island since 2014.

SCHEDULE OF EVENTS

August 10: Zhineng Qigong - for healing and enhancing physical and mental well-being
6:00 to 7:30pm at West Hawaii Community Health Center – 74-5214 Keanalehu Dr., Kailua-Kona

August 12 & 13: Enhancing Workshop
9:00am to 4:00pm at Kanu o ka Aina gymnasium – 64-1043 Hiiaka St., Waimea
This workshop is for Zhineng Qigong practitioners to develop their practice, and is open to all who would like to better manage their health and life. Previous workshop participants may attend at no charge – donations welcome. Cost for new students is $150 for both days.

August 14: Introduction to Qigong including practice, 5:30-7:00, Tutu’s House, Waimea

August 15 & 17: Zhineng Qigong & Tai Chi practice, 7:00am, Anna Ranch, open to all, no charge

August 19 & 20: Healing Workshop, 9:00am to 4:00pm, Kanu o ka Aina gymnasium – 64-1043 Hiiaka St, Waimea
Dr. Zhang Fushun will be available for healing by appointment during the week of August 14 through 18

Contact Steve Bess at 987-9192 or Jan Marrack at 938-0508 for more information and to sign up for workshops and schedule appointments with Dr. Zhang
What is Prevention Education?

Your child’s safety and well being are important to us. For that reason we are offering an educational program to help prevent sexual abuse.

Unfortunately all children are at risk of being sexually abused. Through education we can help decrease the likelihood of abuse and increase the inclination to speak up and get help if it happens or help someone who is victimized. Our program also emphasizes concepts of respect and empathy for one another.

Questions?
Please contact us for more information or to make arrangements for us to bring Prevention Education to your classroom!
808-935-6067 x128
The YWCA now offers Prevention Education

This curriculum teaches personal body safety, how to identify unsafe situations, how to get help, and how to help others. Children learn that if unsafe touching of private parts happens to them they can Say NO, Get Away, and Tell a Trusted Adult. The key message of the curriculum teaches students the importance of talking to a trusted adult (e.g. a parent, adult friend, member of the school, or community) if they have been sexually abused.

Prevention education offered by the YWCA is tailored to development levels using age-appropriate language and activities and helps achieve Hawaii Content and Performance Standards for health education.

Pre-K– 2nd Grade
My Body Is Special®

The My Body is Special® curriculum is a series of 3 lessons that provides age appropriate content, concepts and activities to teach students about body safety and how to respond to unsafe touch.

We use puppets, storytelling, song and dance throughout the curriculum to more effectively engage students and to help them connect more personally to the material.

Children are taught basic, age appropriate information about what sexual abuse is and what to do if it happens to them. This includes knowing which parts of their body are private and understanding safety rules related to touching. Language used to name body parts will be decided by the classroom teacher.

We will be bringing our friends with us!

3rd—5th* Grade
My Body Boundaries®

The My Body My Boundaries® curriculum is a 4 part series beginning with a refresher type introduction of the concepts taught in the previous curriculum.

We build upon those safety rules so students learn the definition and types of sexual abuse and apply their understanding to determine if read aloud scenarios involve sexually abusive behavior. Language used to define sexual abuse will be decided by the classroom teacher.

Students learn to define, identify, and practice creating personal boundaries and recognizing gut feelings. Lessons include internet safety, where students learn to identify inappropriate online behaviors and use safety precautions.

*6th grade in the elementary school can be included with this curriculum.