

Mana’o Nui



**‘A’ohe u’i hele wale o Kohala.
No youth of Kohala goes empty handed.**

*Said in praise of people who do not go anywhere
without a gift or a helping hand.*

We sit at the base of one of the oldest mauna (mountains) on our island, Kohala. The wind swept hills tell a story of adaptability, shape shifting, and ancestral wisdom. The forest at the summit holds ancient elemental sounds that drift on the cool breezes that rise out of the valley, descend among the pastures, and finally funnel down the slope of the mauna to embrace our town. The pu’u (hills) reflect the numerous people, strong and bold, who remain pillars of support and guidance. The streams of Kohala carry the red tinged water saturated by the nutrient rich soil of the uplands that gives life to everything it touches.

We come from ‘āina so giving, and so alive. Imagine if we all lived like ‘āina, always helping, always ready to adapt, and always lending a helping hand that gives life to another. We, the people of Kohala come from the sturdy windswept trees and the pulsing waters. During this holiday season, we encourage you to live like ‘āina and remember the ‘ōlelo no‘eau shared above about the specialness of our place and its people. Gifts that solidify relationships with people and ‘āina are ones that touch upon the soul and last forever.

Mahalo,

Keōmailani Case
Elementary Po’o Kumu



Dates To Remember

Winter Break No School

Kēkēmapa 21, Monday-Ianuali 4, Monday

Kēkēmapa 25, Friday - Lā Nui – Christmas

Ianuali 4, Monday – Kumu Workday

Ianuali 5, Tuesday – Haumāna Return to School

The Amazing Tooth Bus Is Here in Waimea For Youth Under 21- FREE



BY APPOINTMENT ONLY

No walk-ins for everyone’s safety

Tuesdays only from 8am to 5pm

On the St. James Episcopal Church Campus

Call 889-5453 to schedule an appointment.

Hunehune Kalo, KANU’s monthly newsletter covers “bits & pieces” of news relating to school policies, activities, events, performances, student awards, community happenings and much more.

For more information, contact Val Hanohano – val@kalo.org



E Ola

A Message From...

Aunty Mary Martinson,
K-12 Counselor



Aloha,

Heading into the final stages of 2020! Each year this is a period many of us spend reflecting on events that have passed and what may come ahead in the New Year. A time to make some resolutions. To all haumāna logging in each day for your zooms, keeping up with your asynchronous ha'awina, and trying each day to kūlia i ka nu'u – you are recognized and we all want to mahalo you. To makua and `ohana who are helping ensure your keiki is taking care of their kuleana- MAHALO!! We could not have done this semester without your support.

In Social Emotional Learning K-12 throughout Novemapa, haumāna had content surrounding Gratitude and saying Mahalo. Learning that this is a circular process and that practicing gratitude daily can increase positive thoughts and improve our mood. We talked about how our brain responds to focusing on things to be happy over, and showing appreciation to others-even gifts provided to us from the `āina.

The 2020 holiday season won't be like any other we've experienced. In Kēkēmapa as we approach the winter break from school SEL (Social Emotional Learning) will be focusing on ways to give back. To ourselves, within our own hale, the community, on a larger scale. The smallest of gestures that we began discussing as a part of showing gratitude in Novemapa can now be practiced further. Giving back does not have to cost a penny. Self reflection is an important part of growing up. Honesty within our hearts and our heads can allow us to goal set and prioritize areas to try harder, where to keep going strong, and maybe even things that we could let go of. You are all resilient, special individuals and I have enjoyed this semester of SEL schoolwide.

Mahalo,

Aunty Mary

MAKAHIKI BOUNTY BASKET



Kneeling L-R: Bella Pagano, Olivia Friedman, Kiana Mitchell and Kumu Kuwālu Anakalea.

Standing L-R: Pakalana Hao, Kamali'o Kaleleiki, Kumu Nakamakanikolonahe Obreo, Kumu Honu Lindsey, HPA Middle School Po'o Kula Glenn Chickering, Tomislav Krakovic, and KANU Middle School/High School Po'o Kula Kanoa Castro.

LONOIKAMAKAHIKI!

The rising of Makali'i (the constellation Pleiades) at sunset marks the beginning of the Hawaiian new year known as Makahiki. Makahiki usually begins mid-November and ends in late January or February.

Makahiki is a time set aside for tribute, harvest, sport and play.

Fourteen years ago, Kanu o ka `Āina kumu and haumāna traveled to Waimea Park to teach HPA Middle Schoolers the basic Makahiki games and use of game implements. Together, haumāna practiced *aloha kekahi i kekahi, kōkua aku kōkua mai, mālama i kou kuleana* and *mahalo i ka mea loa`ū*.

Due to the COVID-19 pandemic and the cancellation of the Makahiki games, Hawaii Preparatory Middle School `Ohana members presented Kanu o ka `Āina with a Makahiki Bounty Basket filled to the brim with ALOHA!



<https://youtu.be/8jsyFjEvQP8>

Hō'ike - v. to show, exhibit

Building pilina (relationships) with haumāna in a virtual learning environment can be a daunting task for a new kumu.

In Auntie Cheynielle Pacheco's 6th Grade Language Arts class, haumāna learned how to construct and create 5-paragraph essays.

They learned how to organize and structure their papers correctly. Auntie Cheynielle decided that the first essay ha'awina would be about each student's stories that make each of them unique.

For this ha'awina, haumāna created an "All About Me" profile of themselves. Haumāna's introductory paragraphs needed to catch the attention of their readers. They discussed the meaning behind their names, their personality traits, and concluded with mana'o about their 'ohana.

Haumāna also got the chance to read a paper Auntie Cheynielle wrote about herself eight years ago that was similar to haumāna's "All About Me" assignment.

Here are two "All About Me" essays written by Rowan Whitesell and Kule'a Tatom. ENJOY!



Pilina - 1. n. Association, relationship, union, connection, meeting, joining, adhering, fitting. Cf. pili



<https://youtu.be/w7oRBuKbypA>

Hawaiian Word of the Day with Laiana Kanoa-Wong

Sponsored by **HAWAII NEWS NOW**

All About Me

By Rowan Whitesell, 6th Grade

Trees are the creatures that support both nature and human beings. They are the foundation of many homes. If you listen, you can hear them talking. They love to share wisdom, but only if you listen with open ears and a true heart. Now as I unfurl my branches, you will hear my story in the rustle of my leaves.

My name is Rowan. The Rowan (or European Mountain Ash) is a tree once used to ward off evil spirits. It is a holy tree, so it is never struck by lightning. In Celtic mythology, it is known as The Tree of Life. My dad always liked the name Rowan, but he thought it was only a name for boys. One day, he met a little girl named Rowan. Then he realized it was a girl's name, too. So, I was named Rowan.

In this paragraph, I explain my personality. If you care about what my zodiac sign is, it's Sagittarius. I support my friends as much as possible. When I meet a new person, I try to become their friend. Like rowan trees are believed to do, I protect the people I care about whenever I am capable. I am outgoing and like to know the feelings of the people around me.

My family is really important to me and really large. My mom is empathetic and caring, and works in the early development department. My Dad and my Mum (stepmom, if you care about that sorta thing) are both comedic and like family occasions, especially outdoor ones, and I don't really know how to describe where they work. My oldest sister, Aurora, is 19, nearly 20, and is at college and studying history. Aurora, my dad, and my mum all live in Alaska. There is my middle sister (also older than me), who is 15 and wants to study plants when she is older. I also have my grandparents: Grandpa John & Nana, Papa & Tutu, Grandma T. (T. standing for Theresa).

When I was born, my seed began to sprout. My branches reach. My leaves shake. Through many seasons I will live. It is bad luck to cut me down. I will never stop growing. Because **I am** Rowan.

Hō'ike - v. to show, exhibit

About Me and My Family

By Kule'a Tatom, 6th Grade

Everyone has their own unique name. Some names are so unique that people have a difficult time forgetting it. My name is very unique just like a lot of people in this world. I have yet to meet someone else with my name. Let me take you on the journey which is my story.

Here is where it starts. I was born on a warm August afternoon at the Waimea hospital. I was born on August 18th, 2008. My mother and father knew what to name me before I arrived. My parents named me Kule'a Kanaloala'i Tatom. My babysitter was my auntie and she lives near Mountain View. I would rotate between staying in Waikoloa with my parents and in Mountain View with my auntie. When I was old enough to go to school, I attended Waikoloa Elementary till 2nd grade. During my third grade year, I was accepted to Kanu O Ka Āina School. I had very long hair from when I was in preschool till I was in 3rd grade.

My name means happy, successful, and competent. I have brown hair and root beer brown eyes. I like going to the beach, my aunties house, and cruising around the island. I like building things out of metal and I want to get a blacksmith forge. I am a very ambitious student and would like to have a few different degrees.

Among those degrees, I would like to obtain degrees in mechanics, engineering, and business. I would also like to become a race car driver and graphic designer for supercars.

I have three sisters, and two brothers. My mom is from Oregon. My dad is from Fern forest on the big island. One of my brothers and two of my sisters live in O'ahu. My brother Nui and my little sister Nakilikili both live with me and my parents in Waikoloa. My mother is a dental hygienist in Waimea. My father is a musician. I love my family very much because they take care of me. They give me all the basic needs that I need to live.

In conclusion, I feel blessed to have my family here with me and to be growing up on the Big Island. Thankful that my parents gave me such a good name. I heard them say that many times people become their name-sake. Hopefully I will be able to live up to the meaning of my name. That was all about me.

KNN News Room Project in the Spotlight!



Kanu KNN News Room students participate in a live ZOOM with KITV News Anchor Maleko McDonnell

<https://youtu.be/08nZAq1DOAM>

Aunty Mary Fran's students have been hard at work researching news channels and anchors in an effort to try and begin to format how our news channel would look.

Everyone had the amazing opportunity of interviewing Mileka Lincoln, former field reporter for Hawai'i News Now. Students did background research on Mileka, watched segments that she did for local and national news and created their own questions that they in turn asked her on our Zoom meeting.

It was one of those moments in my career that I will remember for a very long time. It was pure magic to see the kids light up when talking to her and I could see their excitement to begin the process of creating our own student-led news station. – Aunty Mary Fran

Below are a few student reflections on why they felt the interview was valuable and what tips they took away as the most important.

The most important takeaway from the interview was that the cameraman brings everything together. –Chavis, 8th Grade

One tip I took from our interview that I think will help me as I start to design my first news piece is to always do research before reporting so I don't have false information. –Naia, 8th grade

Yes, I think it was valuable because we got the chance to talk to a REAL journalist who gave us tips. –Hilina'i, 8th grade

I thought that when she shared her routine and how she gets up at 2 in the morning was important. If she doesn't keep that routine she might wake up late or not be prepared for her day. –Hurley, 7th grade

I like when she said that when she speaks, she acts like she is talking to her friends grandma and it helps her speak clear and respectful. –Iiahi (8th grade)

MERRY GRINCHMAS!

For the past 4 years, Papa Kukui has participated in Kamuela Inn's Annual Christmas Wreath Contest. Each year, Aunty Maua and keiki have placed in the Group and Theme categories winning funds and prizes to benefit their classroom. All entry donations benefit the Big Island Giving Tree. The donations help kupuna and families in need during the holiday season.



The theme for this year's wreath contest was "Merry Grinchmas." Keiki learned about the season of giving, laulima and kāko'o. Papa Kukui's Mele Ka Huhū Kalikimaka Wreath tied for second place in the Youth Category and their Grinch's Gunk to Spunk Wreath placed first in the Theme Category. The winnings earned by Papa Kukui benefit the Big Island Giving Tree, Kanu, and the hui that placed.



Festival of Giving

Aloha e nā 'ohana o Kanu o ka 'Āina,

'Tis the season of cheer, celebration, giving, and receiving. Traditionally, at this time of year, Kanu hosts our annual Festival of Lights fundraising event. However, this year, due to COVID-19, the Festival of Lights hui has decided to create the Festival of Giving. We are so appreciative of all the support and aloha we receive from our Kanu 'ohana year after year.

This year we wish to mahalo you with a heartfelt makana for each 'ohana. We invite you to receive this makana on Friday, December 18, 2020 from 9-11 a.m. or 3-5 p.m. Pick up will be from the main circle between Hālau Pōki'i and Hālau Ho'olako.

Mahalo nui for your continued support during these challenging times. We wish you all a very Mele Kalikimaka a me Hau'oli Makahiki Hou!

~Festival of Giving Hui





HOLIDAY SPIRIT Week!

12/14 Elf Day

Dress like your favorite elf from Santa's workshop!

12/15 Candy Cane Day

Wear red and white to celebrate this favorite winter treat!

12/16 Ho-Ho-Holiday Cheer Day

Wear your favorite holiday attire - scarves, hats, socks, sweaters, or accessories.

12/17 Santa Claus is Coming to Town!

Dress like Santa or in Christmas colors - red, white, green!

12/18 Festive Friday!

Bring out those tacky sweaters! Wear anything festive: Santa hats, ornaments, antlers. GO ALL OUT!

**All dress ups should still meet the KANU dress code.*